ABSTRACT OF THE DISCLOSURE

The magnetic recording and reproducing apparatus reads a transfer clock synchronized with servo information and records a write-once clock pattern in a state where 0 is set as a delay time of the delay device 13 and 1 is set as the dividing ratio of the frequency divider 17. The apparatus corrects the delay time according to the output of the phase comparator 14 which changes on the basis of the phase difference and rewrites a write-once clock pattern. Rotation of the magnetic disk, detection of the phase difference and correction of the delay time are repeatedly preformed until no change occurs in the output of the phase comparator 14. After the output stops changing, preformat information patterns excluding the servo information pattern are recorded as fine patterns by changing the dividing ratio of the frequency divider 17 to multiply the frequency.